

**Sunday**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**



**1** 8:30 Table Tennis-PR  
10:00 Mah Jongg-CR  
10:00 Sit to be Fit-PR  
10:45 Daily Chronicles w/Lyn-ALF  
No Parkinson's Class Today  
**2:00 Comedy Matinee Movie with Popcorn: *The Intern*-PR**  
3:00 Sip N Color-AR  
5:30 Gospel Band Practice-PR

**2** 8:00 Coffee Social-CR  
9:15 Chair Yoga/Balance-PR  
9:30 Knit/Crochet Club-AL Fireplace  
10:00 Catholic Mass-Virtual-PR  
10:45 Mind Game w/Susan-A/L  
11:15 FUNctional Training Class-PR  
12:30 Poker Club-BR  
1:00 Dollar Bingo w/Susan-ILDR  
2:00 Cribbage-CR  
**2:30 Historic Timeline Tidbits w/Lyn-AR**  
**3:30 Video: Myths-Water/Hydration-PR**

**3** 10:00 Sit to be Fit Class-PR  
10:15 Coffee & Current Events-CR  
10:30 Bible Study-CH  
**\*10:45 Lunch out at Famous Dave's-O**  
**11:00 Parkinson's Class-PR**  
**1:00 Bio of Katherine Hepburn-A/L**  
\*1:00 Hand & Foot Card Game-CR  
2:00 Machine Circuit with Mo-HC  
**2:30 Video: Myths about Vitamins & Nutrition-PR**  
**3:30 Jeopardy Game-A/L**

**4** 9:15 Chair Yoga/Balance-P  
9:45 Daily Chronicles w/Lyn-ALF  
**10:00 Wii Bowling-PR**  
**10:30 Core Power Class-CH**  
10:45 Mind Game w/Susan-A/L  
11:15 FUNctional Training Class-PR  
12:30 Poker Club-BR  
1:00 Dollar Bingo w/Lyn-IDR  
1:00 Scrabble Club-CR  
**2:30 Simple Social: Cheese/Crackers-GR**  
4:00 IL BYOB Mixer-CR

**5** 8:30 Table Tennis-PR  
10:00 Circuit Power Class-PR  
**10:00 Art Club-BYOSupplies-AR**  
10:45 Mind Game w/Lyn-A/L  
11:00 Parkinson's Class-PR  
\*12:30 Free Hand Massage  
**2:00 Music by Loren Wolfe-PR**  
**2:00 Machine Circuit-HC**  
3:00 Dominoes-CR

**6** 11:15 Pilates Class-PR  
\*1:00 Hand & Foot-CR  
**2:00 Matinee Movie-PR**  
*"Secondhand Lions"*

**7**  
**11:00 Hilltop Church Service-CH**  
10:30 Coffee Social before the service.  
**2:00 Matinee Movie-PR** *"The Big Sick"*

**8** 8:30 Table Tennis-PR  
10:00 Mah Jongg-CR  
10:00 Sit to be Fit-PR  
10:45 Daily Chronicles-ALF  
11:00 Parkinson's Class-PR  
**1:00 UNO Card Game-A/L**  
\*1:00 Manicures with Lyn-AR  
**2:00 Resident Meeting-PR**  
3:00 Sip N Color-AR  
**3:30 SMART Acronym Game-A/L**  
5:30 Gospel Band Practice-PR

**9** 9:15 Chair Yoga/Balance-PR  
9:30 Knit/Crochet Club-AL Fireplace  
**10:00 Word & Communion Service-CH**  
\*10:00 Bridge Club-CR  
10:45 Mind Game w/Susan-A/L  
11:15 FUNctional Training Class-PR  
12:30 Poker Club-BR  
1:00 Dollar Bingo w/Susan-ILDR  
2:00 Cribbage-CR  
**2:00 Blissful Hiking with Alison Young: "The Arizona Trail"-PR**  
**4:00 Conversations with Kris-AR**

**10** 10:00 Sit to be Fit Class-PR  
10:15 Coffee & Current Events-CR  
10:30 Bible Study-CH  
**10:30 Cooking with Natalie-GR**  
**\*10:30 Mystic Lake/Little 6 Casino-O**  
**1:00 History of Drive Ins-A/L**  
\*1:00 Hand & Foot Card Game-CR  
**2:00 Bingo with Lyn-IDR**  
2:00 Machine Circuit with Mo-HC  
**3:00 Speaker: "True Health Unveiled"-PR**  
**3:30 Word Puzzle-A/L**  
6:30 Hand & Foot Card Game-CR

**11** 8:00 Coffee Social-CR  
**9am-3pm Pump It For Parkinson's-IDR**  
9:45 Daily Chronicles w/Lyn-ALF  
**10:00 Wii Bowling-PR**  
**10:30 Core Power Class-CH**  
10:45 Mind Game w/Susan-A/L  
11:15 FUNctional Training Class-PR  
12:30 Poker Club-BR  
**1:00-2:30 pm Bake Sale-IDR**  
1:00 Scrabble Club-CR  
**2:00 Simple Social: Apples/Fruit Dip-GR**  
4:00 IL BYOB Mixer-CR

No Bingo Today

**12** 8:30 Table Tennis-PR  
**10:00 Art Club-BYOSupplies-AR**  
10:00 Circuit Power Class-PR  
10:45 Mind Game w/Lyn-A/L  
11:00 Parkinson's Class-HC  
\*12:30 Free Hand Massage  
1:00 Schwan's Service-ILFD  
**2:00 Live Music Dean Harrington Jazz Trio-PR**  
**2:00 Machine Circuit-HC**  
3:00 Dominoes-CR

**13** 11:15 Pilates Class-PR  
\*1:00 Hand & Foot Card Game-CR  
**2:00 Matinee Movie-PR**  
*"The Shack"*

**14**  
**No Hilltop Church Service Today.**  
**2:00 Matinee Movie-PR** *"Big Fat Greek Wedding 3"*

**15** 8:30 Table Tennis-PR  
10:00 Sit to be Fit-PR  
**10:00 Clothing Alterations-ACR**  
10:00 Mah Jongg-CR  
10:45 Daily Chronicles-ALF  
No Parkinson's Class Today.  
\*1:00 Manicures with Lyn-AR  
**1:00 Crossword Puzzle-A/L**  
3:00 Sip N Color-AR  
**3:30 Frisbee Tic-Tac-No-PR**  
5:30 Gospel Band Practice-PR

**16** 8:00 Coffee Social-CR  
9:15 Chair Yoga/Balance-PR  
9:30 Knit/Crochet Club-AL Fireplace  
10:00 Catholic Mass-Virtual-PR  
**10:30 Gideon Therapy Dog Visit-ALF**  
10:45 Mind Game -A/L  
11:15 FUNctional Training Class-PR  
12:30 Poker Club-BR  
1:00 Dollar Bingo w/Susan-ILDR  
**1:00 "Is it True? Debunking Rumors"-PR**  
2:00 Cribbage-CR  
**2:30 Family Feud Game-AR**

**17** \***9:30 Caramel Rolls and Coffee-GR**  
10:00 Sit to be Fit Class-PR  
10:15 Coffee & Current Events -CR  
10:30 Bible Study-CH  
\*1:00 Hand & Foot card game-CR  
**1:00 Who, What, Where?-A/L**  
**\*1:00 Instructor-Led Spring Painting & Sip Class-AR**  
2:00 Machine Circuit with Mo-HC  
**2:30 Video: Dieting-Separating Myths from Facts-PR**  
**3:30 Vet's Club Video Presentation-AR**

**18** 8:00 Coffee Social-CR  
9:15 Chair Yoga/Balance-PR  
9:45 Daily Chronicles w/Lyn-ALF  
**10:00 Wii Bowling-PR**  
**10:30 Core Power Class-CH**  
10:45 Mind Game w/Susan-A/L  
11:15 FUNctional Training Class-PR  
12:30 Poker Club-BR  
1:00 Dollar Bingo w/Lyn-ILDR  
1:00 Scrabble Club-CR  
**2:30 Simple Social: Shrimp Cocktail-GR**  
**3:00 Dealing With Loss Group-A/L**  
4:00 IL BYOB Mixer-CR

**19** 8:30 Table Tennis-PR  
**10:00 Art Club-BYOSupplies-AR**  
10:00 Circuit Power Class-PR  
**\*10:15 St. Paul Chamber Orchestra Concert-O\$**  
10:45 Mind Game w/Lyn-A/L  
11:00 Parkinson's Class-PR  
\*12:30 Free Hand Massage  
**2:00 Live Music: Senior Commodore Band-PR**  
No Machine Circuit Today  
3:00 Dominoes-CR

**20** 11:15 Pilates Video-PR  
\*1:00 Hand & Foot Card Game-CR  
**2:00 Matinee Movie-PR**  
*"Me Before You"*

**21** 11:00 \*Hilltop Church Service-CH \*10:30 Coffee Social  
**3:00 Minnesota Mandolin Orchestra-PR**  
**5:30 Evening Movie-PR** *"Casablanca"*

**22** 8:30 Table Tennis-PR  
10:00 Mah Jongg-CR  
10:00 Sit to be Fit-PR  
10:45 Daily Chronicles-ALF  
**11:00 Putt Putt for Parkinson's-BY**  
**12:30 Parkinson's Support Group/ Speaker-RSVP Needed**  
**1:00 Shut the Box Dice Game-A/L**  
\*1:00 Manicures with Lyn-AR  
3:00 Sip N Color -AR  
**\*3:30 Cooking with Susan-GR**  
5:30 Gospel Band Practice-PR

**23** 9:15 Chair Yoga/Balance-PR  
9:30 Knit/Crochet Club-AL Fireplace  
\*10:00 Bridge Club-CR  
**10:00 Mass & Communion Service-CH**  
10:45 Mind Game w/Susan-A/L  
11:15 FUNctional Training Class-PR  
12:30 Poker Club-BR  
1:00 Dollar Bingo w/Susan-ILDR  
**1:30 Probiotics & Our Bacterial Friends-PR**  
2:00 Cribbage-CR  
**2:30 Strange Laws & Why? Program-AR**

**24** 10:00 Sit to be Fit Class-PR  
**10:15 Coffee & Current Events-CR**  
10:30 Bible Study -CH  
**10:45 Price Is Right Game-AR**  
\*1:00 Hand & Foot Card Game-CR  
**1:00 Great Outdoorsman Discussion-A/L**  
2:00 Machine Circuit with Mo-HC  
**3:30-4:30 IL/AL Happy Hour-PR**  
**6:00 Music Men & Lori Concert-PR**  
6:30 Hand & Foot Card Game-CR

**25** 9:15 Chair Yoga/Balance-PR  
9:45 Daily Chronicles w/Lyn-ALF  
**10:00 Wii Bowling-PR**  
**\*10:30 Lunch at Crooked Pint/Curling Viewing Center-O**  
10:45 Mind Game w/Susan-A/L  
11:15 FUNctional Training Class-PR  
12:30 Poker Club-BR  
1:00 Dollar Bingo w/Lyn-ILDR  
**2:15 Caregivers Support Group-A/L**  
**2:30 Simple Social: Bagel Dip-GR**  
4:00 IL BYOB Mixer-CR

**26** 8:30 Table Tennis-PR  
**10:00 Art Club-BYOSupplies-AR**  
10:00 Circuit Power Class-PR  
10:45 Mind Game w/Lyn-A/L  
11:00 Parkinson's Class-PR  
\*12:30 Free Hand Massage  
1:00 Schwan's Service-ILFD  
**2:00 Birthday Bash & Live Music by CODA-PR**  
**2:00 Machine Circuit-HC**  
3:00 Dominoes-CR

**27** 11:15 Pilates Class-PR  
\*1:00 Hand & Foot-CR  
**2:00 Matinee Movie-PR**  
*"Ladder 49"*

**28** 11:00 Hilltop Church Service-CH \*10:30 Coffee Social before the service.  
**2:00 Matinee Movie-PR** *"The Best of Me"*

**29** 8:30 Table Tennis-PR  
10:00 Mah Jongg-CR  
10:00 Sit to be Fit-PR  
**\*10:30 Cooking w/Lyn-GR**  
10:45 Daily Chronicles-ALF  
11:00 Parkinson's Class-PR  
**1:00 Nine Hole Card Game-A/L**  
3:00 Sip N Color -AR  
**3:30 Write Word Game-A/L**  
5:30 Gospel Band Practice-PR

**30** **9:00 Volunteer Appreciation Breakfast-IDR \*RSVP x 995-1711 Req.**  
9:15 Chair Yoga/Balance-PR  
9:30 Knit/Crochet Club-AL Fireplace  
10:45 Mind Game w/Susan-A/L  
11:15 FUNctional Training Class-PR  
12:30 Poker Club-BR  
**1:00 Book Club-IDR**  
**1:00 Dollar Bingo-AR**  
**2:00 Catholic Mass-Virtual-PR**

**April 2024**

**Summit Place Senior Campus  
A SilverCrest Community**



*All activities are subject to change. Programs with an \* require registration. Please refer to the Health Club calendar for more exercise classes.*

**KEY:** A/L-AL Library  
ACR-Conf. Room  
ALF-AL Fireside  
AR-Activity Room  
BR-Billiards Room  
BY-Backyard  
CH-Chapel  
CR-Card Room

**KEY CONT.**  
GR-Great Room  
HC-Health Club  
ILDR-IL Dining Rm.  
ILFD-IL Front Desk Lobby  
PR-Performance Rm.  
O-Outing (\$= money req.)