

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# December 2022

## Summit Place Reflections

				1 10:00 Salon Appointments 11:00 Rise & Shine w/ Greta (F1) 1:30 Helping Hands- Holiday Decoration 3:00 Snacks & Chat 3:15 Flower Mails	2 10:00 Morning Stretch (F1) 10:45 December Words (F1) 2:00 Music in PR- E.P. Woodwind Jazz Ensemble 3:00 Snacks & Chat	3 10:00 Morning Stretch (F1) 10:45 Random Trivia (F1) 1:30 Variety w/ Joanne (F1) 3:00 Snacks & Chat
4 <b>Happy Birthday, Milosh!!</b> 10:00 Morning Visits 11:00 Sunday Mass on Ch.243 (F1&2) 11:00 Hilltop Service (Chapel) 1:30 Music w/ Jon (F2) 3:00 Snacks & Chat	5 10:00 Morning Stretch (F1) 10:45 Holiday Short Stories (F1) 1:30 Food for Thought- Apple Cider (F1) 3:00 Snacks & Chat	6 10:00 Balloon Toss (F1) 10:45 Holiday Movies Group Crossword (F1) 1:30 Holiday Sing w/ Mickey (F1) 3:00 Snacks & Chat	7 10:00 Manicure & Hand Massage (F1&2) 1:30 Scenic Drive (Out) 3:00 Snacks & Chat	8 10:00 Salon Appointments 11:00 Rise & Shine w/ Greta (F1) 1:30 Holiday Crafts (F1) 3:00 Snacks & Chat	9 10:00 Morning Stretch (F1) 10:45 Junk Drawer Detective (F1) 2:00 Birthday Bash & Holiday Music in PR- CODA 3:00 Snacks & Chat	10 10:30 Morning Coffee & Coloring (F1&2) 1:30 Game Table w/ SilverCare (F1&2) 3:00 Snacks & Chat 4:00 One on One w/ SilverCare
11 10:00 Morning Visits 11:00 Sunday Mass on Ch.243 (F1&2) 11:00 Hilltop Service (Chapel) 1:30 Puzzles w/ SilverCare (F1&2) 3:00 Snacks & Chat	12 10:00 Hand Massage w/ Carol (F1) 1:30 Holiday Crafts (F1) 3:00 Snacks & Chat 3:30 One on One	13 10:00 Sibley East High School Jazz Ensemble & Show Choir (PR) 11:15 Puzzles (F1) 1:30 Game Table (F1) 3:00 Snacks & Chat 3:30 Open Gym at the Club	14 10:00 Ring Toss (F1) 10:45 Which Decade Is It? (F1) 1:30 Manicure & Hand Massage (F1&2) 3:00 Snacks & Chat	15 10:00 Salon Appointments 11:00 Rise & Shine w/ Greta (F1) 1:30 Holiday Cookie Time (F1) 3:00 Snacks & Chat 5:30 Holiday Light Tour (Out)	16 10:00 Morning Stretch (F1) 10:45 December IQ (F1) 2:00 Holiday Music in PR- Maud Hixson (vocal) & Rick (piano) 3:00 Snacks & Chat	17 10:00 Morning Stretch (F1) 10:45 Remembering Classic Toys & Books (F1) 1:30 Variety w/ Joanne (F1) 3:00 Snacks & Chat
18 10:00 Morning Visits 11:00 Sunday Mass on Ch.243 (F1&2) 11:00 Hilltop Service (Chapel) 1:30 Music w/ Jon (F2) 3:00 Snacks & Chat  <small>Hanukkah Begins</small>	19 10:00 Morning Stretch (F1) 10:45 Idea Exchange- Resident Council (F1) 2:00 Summit Singers Holiday Show (PR) 3:00 Snacks & Chat	20 10:15 Putting Green (F1) 11:00 Color a Carol (F1) 1:30 Game Table (F1) 3:00 Music Men & Lori Concert (PR) 3:00 Snacks & Chat	21 10:00 Balloon Toss (F1) 11:00 Comfort Dog Visits w/ Gideon 1:30 Manicure & Hand Massage (F1&2) 3:00 Sing Along- <i>It's Christmas Time</i> w/ Deb & Anita (PR) 3:00 Snacks & Chat <small>Winter Begins</small>	22 10:00 Salon Appointments 11:00 Rise & Shine w/ Greta (F1) 1:30 Holiday Movie & Popcorn- <i>Title TBD</i> (F1 Sm. Lounge) 3:00 Snacks & Chat	23 10:00 Morning Stretch (F1) 10:45 December Word Search (F1) 2:00 Music in PR- Michael Riddle 3:00 Snacks & Chat	24 10:30 Morning Coffee & Coloring (F1&2) 1:30 Game Table w/ SilverCare (F1&2) 3:00 Snacks & Chat 4:00 One on One w/ SilverCare
25 10:00 Lutheran Church on TV (F1&2) 11:00 Sunday Mass on Ch.243 (F1&2) 1:30 Music w/ Jon (F2) 3:00 Snacks & Chat  <small>Christmas</small>	26 10:00 Hand Massage w/ Carol (F1) 1:30 Holiday Discovery Program & Ice Cream (F1) 3:00 Snacks & Chat 3:30 One on One <small>Boxing Day (Canada) Kwanzaa Begins</small>	27 10:00 Bowling (F1) 10:45 Mad-Winter Libs (F1) 1:30 Game Table (F1) 3:00 Snacks & Chat 3:30 Open Gym at the Club	28 10:00 Manicure & Hand Massage (F1&2) 1:30 Scenic Drive (Out) 3:00 Snacks & Chat 3:30 One on One	29 10:00 Salon Appointments 11:00 One on One 1:30 Guess East or West (F1) 3:00 Snacks & Chat	30 10:00 Morning Stretch (F1) 10:45 New Year Words (F1) 2:00 New Year Eve Party & Music in PR- Southside Aces Trio 3:00 Snacks & Chat	31 10:00 Morning Stretch (F1) 10:45 Happy Winter Message (F1) 1:30 Variety w/ Joanne (F1) 3:00 Snacks & Chat  <small>New Year's Eve</small>

F1: 1st Floor

F2: 2nd Floor

PR: Performance Room

Out: Outings

\*Calendar is subject to change.